

Make a Plan

Name: _____

To Stand Up for Human Rights

Problem:

Goal:

Who has the power to make these decisions?

What I find hard about standing up for human rights:

How I'll make my point:

- Take notes about the problem
- Gather paperwork
- Get support letters from family, friends, doctors, etc.
- Take pictures
- Stay calm, be clear, and be respectful

Ways to make it easier to stand up for human rights:

How I'll Speak Up:

- Write a letter
- Send an email
- Make a phone call
- Book an appointment
- Join an organization - name which one:
- Vote for people who share my beliefs

**Who can I go to for support?
Include at least one
organization.**

**What I'll try if this doesn't
work:**

- Change my goals
- Try a new strategy
- Talk to different decision-makers
- Get help from different people

“My friends, love is better than anger. Hope is better than fear. Optimism is better than despair. So let us be loving, hopeful, and optimistic. And we'll change the world.”

-Jack Layton