

## DISCUSSION GUIDE

### Putting Safety into Practice

#### ✓ Prevent

- Wanting to prevent spread of infection, Mary gets a new gait belt from the clean supply storage area and uses gloves during care.
- Mary washes her hands both before and after assisting with care.

#### ✓ Check

- She checks with the chart to see if Mr. Lee has special precautions to follow (e.g., gowning).
- She checks how she is feeling – able to focus? Able to perform safe body mechanics?
- Using her health authority's pre-mobility check (e.g., cognition, cooperativeness, and physical ability), Mary confirms no changes to patient abilities from what the RN reported.
- She checks to make sure the pathway to the bathroom is clear of clutter and safe to walk.
- She ensures that the bed is at a good height to make it safer for Mr. Lee to go from sit to stand.
- As per his chart, Mr. Lee has a gait belt on in case she needs to provide support.

#### ✓ Respond

- After determining it is safe to proceed, Mary closely watches Mr. Lee as he gets up and walks. She is ready to call for help if required.

#### ✓ Report

- Mr. Lee was able to walk to the bathroom and perform his own care with minimal support or direction. Mary reports this to the RN.
- Mary knows that if Mr. Lee did have a slip or fall, she would follow her site's procedures to report on this event.