

STUDENT HANDOUT
Unfolding Case Study: Caring for Peter Schultz
Providing Person-Centred Care

DIRECTIONS: *You are an HCA working as a home support worker. You have been assigned to provide respite care to Peter for a four-hour period from 3:00 p.m. to 7:00 p.m. while his wife, Eve, attends an event. Keeping in mind the five principles of compassionate care, use the information provided about Peter to develop a schedule for how you could spend your time with him.*

Client Profile: Peter Schultz

Peter was born on January 1, 1918. When he was seven years old, Peter emigrated from the former Yugoslavia to a small town in Alberta. After completing grade nine, Peter left school and worked as a farmer and logger. In the 1950s, Peter moved with his wife, Eve, and their family to the Lower Mainland of B.C., where he worked in construction, life insurance, and real estate. During the 1970s, Peter owned and operated a small hobby farm. He retired at the age of 75 and moved to a small city near Vancouver, B.C.

Born into a large family, Peter was the second oldest of eight siblings. Peter and Eve have two sons and three daughters, 17 grandchildren, and over 30 great-grandchildren. With the exception of one daughter who lives in Alberta, Peter's children live within one hour of driving distance from him and his wife.

Peter comes from an ethnic German family and German culture and traditions are important to him. As a child, Peter learned to speak German, Serbian, and English. He learned many German songs, hymns, and poems and often recites his favourites. Peter also enjoys traditional German cooking. Peter is a Lutheran Christian and has been active in his faith since childhood. During his adulthood, Peter was involved in church leadership and is well regarded in his faith community. Until recently, Peter acted as Bible study leader.

Peter has always been a social and outgoing person. As a young man, he enjoyed going to community events and was known to be an excellent dancer. Peter and Eve entertained regularly and enjoyed playing pool, cards, and Scrabble with their guests. He and his wife were both avid gardeners. Peter always enjoyed large and small building projects. After retirement, Peter built simple furniture and made latch hook rugs for his grandchildren.

Recently, he has been unable to participate in these activities due to increasing confusion and an inability to make the calculations necessary to complete these projects.

Other than back problems resulting from physical work, Peter has always been healthy and active. When he was 77 years old, Peter experienced a stroke, also known as a cerebral vascular accident (CVA), which resulted in short-term speech difficulties and affected his swallowing ability. Following the CVA, Peter’s wife began to notice changes in his cognition, personality, and behaviour. He progressively lost the ability to participate in activities that he previously enjoyed. Approximately five years following the CVA, Peter started to receive community-based health services.

A Proposed Respite Care Schedule

Time	Proposed/Possible Activities	Rationale for Activities	Principle of Person-Centred Care
3:00–4:00 p.m.	<i>Greeting and conversation about life and family; propose ideas for time together</i>	<i>Create comfort and ease with client</i>	<i>Independence and preference – so client can suggest and choose activities that interest him</i>
4:00–5:00 p.m.	<i>Walk in garden</i>		
5:00–6:00 p.m.			
7:00–8:00 p.m.			