

## ROLE PLAY CARDS

### **ROLE PLAY 1 - HCA ROLE CARD**

*You are working for a home support agency. Today you are visiting Jenny Smith for the first time. Enter the home, greet your new client and introduce yourself. Respond to the situation you are presented with.*

### **ROLE PLAY 1: CLIENT ROLE CARD**

*Your name is Jenny Smith and you are 72 years old. After the HCA greets you, tell them you feel dizzy and sweaty and that you are hungry because you skipped breakfast today.*

### **ROLE PLAY 2: HCA ROLE CARD**

*You are working in an assisted living residence. Today you will be escorting Mrs. Kaur to the dining room for lunch. Enter her room, greet her, and introduce yourself. Respond to the situation you are presented with.*

### **ROLE PLAY 2: CLIENT ROLE CARD**

*Your name is Mrs. Kaur and you are 88 years old. After the HCA provides introductions and checks your bedside care plan, they will ask you to walk to the dining room. As you get up from your chair, act dizzy. Sit down again and tell the HCA you feel dizzy.*

### **ROLE PLAY 3: HCA ROLE CARD**

*You are working in a group home setting. Today you will be assisting Alicia Smith who has ataxic cerebral palsy. Enter her room, greet her, and introduce yourself. Respond to the situation you are presented with.*

### **ROLE PLAY 3: CLIENT ROLE CARD**

*Your name is Alicia Smith, and you are 42 years old. You have ataxic cerebral palsy and are unable to speak. When the HCA arrives, use gestures to indicate that you are hungry.*

### **ROLE PLAY 4: HCA ROLE CARD**

*You are working in an acute care setting. Today you will be providing care to Mr. Dhaliwal who has had hip replacement surgery. Enter his room, greet him, and introduce yourself. Respond to the situation you are presented with.*

### **ROLE PLAY 4: CLIENT ROLE CARD**

*Your name is Mr. Dhaliwal. When the HCA enters your room, start coughing. Tell the HCA that you have chest pain and are feeling cold.*

**ROLE PLAY 5: HCA ROLE CARD**

*You are working in a residential care home. Today you will be assisting Rosa Martinez with her breakfast. Enter her room and greet her. Respond to the situation you are presented with.*

**ROLE PLAY 5: CLIENT ROLE CARD**

*Your name is Rosa Martinez. After the HCA greets you, act as if you are confused. Indicate that you have pain in your lower abdomen.*

**ROLE PLAY 6: HCA ROLE CARD**

*You are working in a residential care home. Today you will be assisting Julie Bates with her breakfast set up. Enter her room, greet her, and let her know that it's time for breakfast. Respond to the situation you are presented with.*

**ROLE PLAY 6: CLIENT ROLE CARD**

*Your name is Julie Bates. After the HCA lets you know that it's time for breakfast, tell her you don't feel hungry. When the HCA follows up, tell her that you have a stomach ache.*

**CLIENT PROFILES****ROLE PLAY 1: CLIENT PROFILE**

Jenny Smith is a 76-year-old female who lives alone.

**Health Challenges/Diagnosis:** Diabetes, neuropathy, significant visual impairment, history of falls, history of depression

**ADLs:** Partial assist with personal care

**Mobility:** One person assist with walker, unsteady on feet, history of falls

**Nutrition:** Diabetic diet, receives Meals on Wheels, family sometimes brings food (sweets), Jenny occasionally skips meals

**Communication:** English

**ROLE PLAY 2: CLIENT PROFILE**

Harpreet Kaur is a 92-year-old female living in an assisted living residence.

**Health Challenges/Diagnosis:** Parkinson's disease with history of falls, arteriosclerotic heart disease, orthostatic hypotension

**ADLs:** Supervision in bathroom, requires cueing, appropriate cultural attire, raised toilet seat, meal set up

**Mobility:** Uses four-wheeled walker

**Nutrition:** Soft diet with fluids, plate protector, adaptive utensils, cup with lid

**Communication:** Speaks Punjabi or English

**Cultural:** Attends temple every Sunday

**ROLE PLAY 3: CLIENT PROFILE**

Alicia Smith is a 42-year-old female client who lives in a group home.

**Health Challenges/Diagnosis:** Ataxic cerebral palsy, expressive aphasia

**ADLs:** Full assist with personal care

**Mobility:** Risk of falls, assist with range of motion exercises

**Nutrition:** Soft diet, encourage small snacks throughout the day

**Communication:** Understands English, uses gestures to communicate when hungry

**ROLE PLAY 4: CLIENT PROFILE**

Jagdish Dhaliwal is a 73-year-old male in hospital following hip replacement surgery.

**Health Challenges/ Diagnosis:** Osteoarthritis, history of falls, CVA at age 68, dysphagia

**ADLs:** Assist client to sit (dangle) at side of bed (Q.I.D), One-person assist for dressing, assist with mouth care, commode for toileting, and deep breathing and coughing exercises

**Mobility:** Two-person assist to dangle and commode

**Nutrition:** Thickened fluids, dysphagia diet, cultural food preferences

**Communication:** Speaks Punjabi and English

**ROLE PLAY 5: CLIENT PROFILE**

Rosa Martinez is a 79-year-old female who lives in an assisted living residence.

**Health Challenges/Diagnosis:** Blind due to glaucoma, history of urinary tract infections

**ADLs:** Requires partial assistance with personal hygiene

**Mobility:** Uses white cane, assist with walking

**Nutrition:** Assist with meal set up/eating, record fluid intake, cranberry juice with meals

**Communication:** Speaks Spanish and English

**ROLE PLAY 6: CLIENT PROFILE**

Julie Bates is an 88-year-old female who lives in residential care.

**Health Challenges/Diagnosis:** Arthritis, esophageal reflux, constipation, hemorrhoids

**ADLs:** Partial bath, set up with meals, assist with hearing aid and glasses

**Mobility:** Uses four-wheeled walker, assist with mobility

**Nutrition:** Low fibre diet, small appetite, encourage to drink fluids

**Communication:** Speaks English, shy and doesn't like to bother staff

**Other:** Last recorded bowel movement was four days ago