

STUDENT HANDOUT
Scenario: Person-Centred Care in Practice

DIRECTIONS: Read the scenario and respond to discussion questions provided. While completing this activity, you may wish to refer to *Guidelines for care: Person-centred care of people with dementia living in care homes framework*, available online on the Alzheimer Society of Canada website at:

https://alzheimer.ca/sites/default/files/documents/culture_exec_summary_e.pdf

Mr. Peterson has moderate dementia and has particular difficulty with his language. He never participates in any of the activities that the facility organizes. Today he walked over to the activity room and sat down at a table by himself. The recreation therapist, Dawn, asked one of the HCAs to take him back to his room. "He never participates anyway, so he probably just got lost," she tells the HCA.

Small Group Discussion Questions:

1. Is this a person-centred response? Why or why not?
2. How could the HCA respond to Dawn's statement and the situation?
3. If Dawn or the HCA were to involve Mr. Peterson in the activity, what should they consider? (Refer to p. 31 of [Guidelines for care: Person-centred care of people with dementia living in care homes framework](#).)
4. Why is meaningful activity critical to a person-centred approach? (Refer to p. 28–30 [Guidelines for care: Person-centred care of people with dementia living in care homes framework](#).)
5. How could the HCA provide opportunity for meaningful activity while assisting Mr. Peterson with his activities of daily living (e.g., during the morning care routine)?
6. How can you provide choices to the person who appears unable to choose and why is this important?