

Self-Assessment Video Reflection Sheet

Student Name: _____

Title of Self-Assessment Video: _____

Date of review: _____

1. How well did you do on this video? Did you get any of the questions wrong on the first attempt? If yes, which one?
2. What new learning did you gain as you watched this video?
3. What would you do differently now that you have watched this video?
4. Was there anything in this video that surprised you or that you feel confused about?
5. How will this video better prepare you for your practice experience?
6. How can you maintain professionalism when caring for similar clients to those you observed in the video?