

STUDENT HANDOUT
Workers' Rights and Responsibilities

Workers have the right to:

- Information, instruction, and training about safe work procedures and how to recognize hazards on the job.
- Supervision to make sure they work without undue risk.
- Equipment and safety gear required to do the job safely (workers are responsible for providing their own clothing to protect themselves against the natural elements, general purpose work gloves, safety footwear, and safety headgear).
- Refuse to perform tasks and work in conditions they think are unsafe, without being fired or disciplined for refusing.
- Participate in workplace health and safety committees and activities.

As a worker, you are responsible for working without undue risk to yourself or others.

To keep safe on the job,

- Don't assume you can do something you've never done before. Ask your supervisor to show you how to do it safely before you begin work. Ask your employer for safety training.
- Use all safety gear and protective clothing when and where required.
- Always follow safe work procedures and encourage your co-workers to do the same.
- Immediately correct unsafe conditions or report them right away to your supervisor.
- Know how to handle any hazardous materials or chemicals you use on the job.
- If you have any doubts about your safety, talk to your supervisor.
- Tell your supervisor of any physical or mental conditions that may make you unable to work safely.